



**Calaveras  
Resource Directory  
2020/2021**

[www.trcac.org](http://www.trcac.org)

**The Resource Connection**



*This Resource Directory was developed with the use of State funds received from the California Department of Education, Early Education and Support Division. However, the contents do not necessarily reflect the position or policy of the California Department of Education.*

*The directory is designed to provide the most common resources that parents have requested over the years. If the resources you need are not listed, please contact one of our offices and we will do our best to assist you in finding them. Below is a summary of the services we provide through our Child Care Resource and Referral Services.*

**Private businesses listed in this directory are included as a resource for our area. This is in no way a recommendation of any private business. If we have overlooked resources or for information in need of correction, please contact The Resource Connection. Information printed in this Resource Directory was obtained from the agencies listed and other sources deemed reliable. If there are errors, they are unintentional.**

*Updated by the Resource Connection, 2020*

# The Resource Connection

## Calaveras Resource Directory 2020

We hope this directory will help you get the services you may need. Please call 754-1075 or visit our website at [www.trcac.org](http://www.trcac.org) for further assistance.

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# INTERESTED IN PROVIDING CHILD CARE FOR OTHERS?

## DO YOU LIKE CARING FOR CHILDREN AND WANT TO MAKE A CAREER OF IT?

THE RESOURCE CONNECTION CAN HELP - WE PROVIDE:

- Information about care in your area
- Resources on child care, child development, and early childhood education
- Assistance in understanding regulations and the licensing process
- Trainings to help you learn about running a child care business
- Resources to enhance professional skills
- Referrals to local licensed child care providers

***Contact us today and learn more!***

**The** Engaging Families  
**Resource** Empowering Communities  
**Connection** Enriching Lives

In Amador and Calaveras

**209 - 754 - 1075**

On-line **[www.trcac.org](http://www.trcac.org)**

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## Community Agencies

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### **Amador Toulumne Community Action Agency (ATCAA) 223-1485**

ATCAA help individuals in Amador, Calaveras and Tuolumne counties towards self-sufficiency and support local residents in becoming involved and contributing members of our community. [atcaa.org](http://atcaa.org)

**Activities:** (varies by county, call for more information):

Central Sierra Connect – Broadband (A, C, T), Parent-Child Interaction Therapy (A, T), ECS Head Start/Early Head Start (A, T), Energy Assistance (A, C, T), Family Learning Center (T), Foster Youth/IDA (A), Housing (A, C, T), Homeless Shelter (A, T), Amador Lifeline Medical Support (A), Promotores de Salud (T), Smart Money for Success Courses (A, C, T), Tax Forms Assistance (A, C, T), Utility Bill Assistance (A, C, T), Yes Partnership - Suicide, Substance Abuse, Child Abuse (T)

### **First 5 Calaveras**

**754-6914**

First 5 Calaveras, strengthening families and supporting them in raising healthy children ages 0 to 5 years old. [first5.calaverasgov.us](http://first5.calaverasgov.us)

**Activities**

- Children's Dental Project
- Community Mini-Grants
- New Parent Kit
- Parent Counseling/Coaching
- Prevent Child Abuse Calaveras County

### **The Resource Connection Administrative Office**

**754-3114**

The Resource Connection is a non-profit organization governed by a community-based board of directors. Since 1980 the organization has been committed to serving Amador and Calaveras counties by responding to the needs identified in the community. [trcac.org](http://trcac.org)

**Activities:** Calaveras Crisis Center, Head, Start and Early Head Start, WIC (Women, Infants and Children), Food Bank, Child Care Resource and Referral. In Amador, we offer: Child Care Resource and Referral Services, WIC programs.

**The Resource Connection Calaveras Crisis Center**      754-1300  
**24 Hour Crisis Line:** 736-4011 / 754-4011  
**Murphys Crisis Center** 890-3950

Free and confidential services for victims (male or female) and survivors of domestic violence and sexual assault.      trcac.org/ip

**Activities**

Court/Law Accompaniment, Emergency Crisis Hotline, Emergency Hospital Response, Temporary Restraining Order Assistance, Peer Counseling, Support Groups  
Community Outreach and Education

**The Resource Connection Child Care Resource & Referral Services**  
**Amador & Calaveras: 754-1075**

trcac.org/rr

**FAMILY & COMMUNITY SERVICES**

**Referrals to Licensed Child Care**

Referrals to licensed family child care homes, preschool and child care centers, Information on child care options.

**Child Care Subsidy Program**

Assistance for eligible parents to help pay for care.

**Childcare Eligibility List (Cel)**

On-line list of families waiting for child care assistance.

**Grandparent Respite**

Grandparents in Amador County a child care subsidy to provide temporary relief while caring for their grandchildren.

**Community Resources, Education, and Information**

Advocacy and information on issues affecting families, child development, and child care.

**PROVIDER SERVICES**

We provide free referrals to licensed child care facilities and licensed exempt child care centers; current child development information; professional development opportunities; and local stipend programs.

**Child Care Initiative Project**

Support to start and run a successful family child care business through training and assistance.

**Workshops/Trainings**

Topics such as child development, Infant- Toddler Care, Discipline & Guidance, Arts & Crafts, Nutrition, Eco-healthy, First Aid and CPR, Family Child Care Business, and more.

**Child Care & Development**

**Lending Library**

Child Development and Child Care Resources.



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## Children's Services

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<b>Blue Mountain Coalition for Youth and Families</b>	<b>293-4500</b>
Youth activities and family center that services the citizens of West Point and surrounding communities. Workshops and Teen outreach programs.	<a href="http://bmcyf.org">bmcyf.org</a>
<b>Building Bridges State Preschool, Copperopolis</b>	<b>785-8741</b>
<b>Calaveras Child Care Council</b>	<b>754-1075</b>
Public planning council - committed to affordable, accessible quality child care.	<a href="http://calaveraschildcare.org">calaveraschildcare.org</a>
<b>Calaveras Youth Mentoring Program</b>	<b>736-6078</b>
Connects Calaveras County young people in 1st-12th grade with safe, positive adult role models who offer support, guidance, friendship and help the youth make healthy life decisions.	<a href="http://calaverasmentoring.org">calaverasmentoring.org</a>
<b>Car Seats - Calaveras Public Health</b>	<b>754-6460</b>
Car seat checkup and low-cost or no-cost car seats available to qualifying recipients.	<a href="http://publichealth.calaverasgov.us">publichealth.calaverasgov.us</a>
<b>First 5 Calaveras</b>	<b>754-6914</b>
See Page 5	<a href="http://first5.calaverasgov.us">first5.calaverasgov.us</a>
<b>Mountain Ranch Youth Alliance</b>	<b>754-4073</b>
Workshops, classes, seminars for adults and youth	
<b>Community Care Licensing</b>	<b>916-263-5744</b>
Question regarding state licensed child care homes and centers.	<a href="http://cld.ca.gov">cld.ca.gov</a>
<b>The Resource Connection</b>	
<b>Child Care Resource &amp; Referral Services</b>	<b>754-1075</b>
See Page 6	<a href="http://trcac.org/rr">trcac.org/rr</a>
<b>TrustLine</b>	<b>800-822-8490</b>
California registry of in-home child care providers who have been cleared through a fingerprint check of the CA Dept. of Justice.	<a href="http://www.trustline.org">www.trustline.org</a>

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## Counseling Services

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**Calaveras County Behavioral Health** 754-6525

**24 Hour Crisis: 800-499-3030/754-3239**

Specialty mental health service that provides intensive home, school and community based services to at-risk youth. A referral is necessary.  
mentalhealth.calaverasgov.us

**Bethany Christian Services of Northern California** 522-5121

Licensed Christian counseling and adoption agency. bethany.org

**California Coalition for Youth** 916-514-4464 x 108

**Crisis Line: 800-843-5200**

Their mission is to improve and empower the lives of California's youth.  
calyouth.org

**Hospice of Amador and Calaveras** 223-5500

Provides counseling for grieving children of the ages of five to nineteen years old.  
hospiceofamador.org

**Sierra Wind Wellness and Recovery Center** 223-1956

Services for individuals who have experienced or are experiencing some form of emotional disorder which interferes with employment, school attendance or daily life in general.

**The Resource Connection Children's Advocacy Center** 584-9092

Provides licensed counseling, advocacy and support for child (under the age of 18) victims of crime free of charge. Education and resources to non-offending parents, guardians and/or family members.

**Activities:**

Advocacy with Government Agencies, Family/Guardian Education and Resources, Licensed Counseling, and Support Groups.

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## Court and Legal Services

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**Calaveras County District Attorney** 754-6330

**Victim/Witness Program** 754-6565

Assist Victims with receiving protection, court and compensation.

**Calaveras County Probation Department** 754-6466

**Central Sierra Child Support Agency** 866-901-3212

**Disability Rights California** 916-504-5800 / 800-776-5746

disabilityrightscs.gov

- Family Law Facilitator** **754-1443**  
 Provides you with assistance and guidance to the necessary court forms, how to prepare them, plus legal and procedural information.  
calaveras.courts.ca.gov
- Court Appointed Special Advocate (CASA)** **257-1980 x 108**  
 A trained volunteer appointed by a judicial officer to provide advocacy for a child who is under the jurisdiction of the courts due to abuse or neglect. The CASA serves as the "eyes and ears" of the judge for children in foster care.
- Legal Services of Northern California** **916-551-2150**  
 Low-income legal aid on issues including landlord-tenant, health benefits, CalWORKs, food stamps and unemployment. www.lsn.net
- Office of Child Support Enforcement** **415-437-8400**
- Self-Help Legal Center for Amador/ Calaveras Courts** **754-1443**  
 Offers one stop legal assistance in family law, custody and other related issues. calaveras.courts.ca.gov/self-help
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## Education

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- Calaveras Adult Tutoring /CAT** **754-6006**  
 Literacy based classes for reading, writing, GED prep, math, computers
- Calaveras Arts Council** **754-1774**  
 To support, nourish, and awaken the arts in our community www.calaverasarts.org
- Calaveras County Office of Education** **736-4662**  
 Building Bridges Preschool, Calaveras Children's Dental Project, Calaveras Youth Council, Extended Day Program, Grandparent Project, Mentoring Programs, FNL Programs, Student Mental Health, Tobacco Use Prevention Education cco.e.k12.ca.us
- The Resource Connection Early Childhood Programs** **754-2000**  
 Comprehensive early education programs for children from birth to age five. trcac.org/early-childhood-programs
- Activities:**  
 Preschool Full Day / Full Year, Preschool Part Day  
 Early Head Start Full Day / Full Year, Early Head Start Home Base
- US Dept. of Education Information** **800-872-5327**  
ed.gov

More information to the schools and districts can be found at the following website: [ccoe.k12.ca.us](http://ccoe.k12.ca.us)

### School District Offices

<b>Bret Harte Union High School District</b>	<b>736-8340</b>
<b>Calaveras Unified School District</b>	<b>754-2300</b>
<b>Mark Twain Union Elementary School District</b>	<b>736-1855</b>
<b>Vallecito Union School District</b>	<b>795-8500</b>

### Alternative Schools

<b>Calaveras River Academy</b>	<b>754-1996</b>
<b>Community Day School</b>	<b>754-2316 or 754-2123</b>
<b>Community School at Oakendell</b>	<b>754-1961</b>
<b>Home Fires Home-School Support</b>	<b>650-365-9425</b>
<b>Mountain Oaks Charter School/ Home Study Program</b>	<b>754-0532</b>
<b>John Vierra Independent Study High School</b>	<b>736-2507</b>
<b>Sierra Hills Education Center</b>	<b>754-2123</b>

### Elementary Schools

<b>Copperopolis Elementary School</b>	<b>782-3500</b>
<b>Hazel Fischer Elementary School</b>	<b>795-8030</b>
<b>Jenny Lind Elementary School</b>	<b>754-2350</b>
<b>Mark Twain Elementary School</b>	<b>736-6533</b>
<b>Michelson Elementary School</b>	<b>728-3441</b>
<b>Mokelumne Hill Elementary School</b>	<b>754-2140</b>
<b>Rail Road Flat Elementary School</b>	<b>754-2275</b>
<b>San Andreas Elementary School</b>	<b>754-2136</b>
<b>Valley Springs Elementary School</b>	<b>754-2141</b>
<b>West Point Elementary School</b>	<b>754-2255</b>

### Middle Schools

<b>Avery Middle School</b>	<b>795-8045</b>
<b>Toyon Middle School</b>	<b>754-2137</b>

### High Schools

<b>Bret Harte High School</b>	<b>736-2507</b>
<b>Calaveras High School</b>	<b>754-1811</b>
<b>Gold Strike High School</b>	<b>754-2123</b>
<b>Vallecito High School</b>	<b>736-2507</b>

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## Colleges

<b>Amador College Connect</b>	<b>217-8239</b>
Resource for local on-line classes.	<a href="http://amadorcollegeconnect.org">amadorcollegeconnect.org</a>
<b>Cal State University Sacramento</b>	<b>916-278-6011</b>
	<a href="http://csus.edu">csus.edu</a>
<b>Cal State University Stanislaus</b>	<b>667-3122</b>
	<a href="http://csustan.edu">csustan.edu</a>
<b>Cosumnes River College</b>	<b>916-691-7344</b>
	<a href="http://crc.losrios.edu">crc.losrios.edu</a>
<b>Columbia College</b>	<b>588-5100</b>
Courses leading to an A.A. degree, GED program, continuing education	<a href="http://gocolumbia.edu">gocolumbia.edu</a>
<b>Foundation for California Community Colleges</b>	<b>866-325-3222</b>
	<a href="http://foundationccc.org">foundationccc.org</a>
<b>Los Rios Community College</b>	<b>916-568-3041</b>
	<a href="http://losrios.edu">losrios.edu</a>
<b>San Joaquin Delta Jr. College</b>	<b>954-5151</b>
Courses leading to an A.A. degree, Extension Courses & Continuing Ed.	<a href="http://deltacollege.edu">deltacollege.edu</a>

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## Emergency and Crisis

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### DOMESTIC VIOLENCE, SEXUAL ASSAULT & SUPPORT SERVICES, POLICE, SHERIFF, FIRE DEPARTMENT, AMBULANCE

	<b>Emergency only 911</b>
<b>Adult Protective Services</b>	<b>754-6677</b>
<b>American Red Cross Sierra Delta Chapter</b>	<b>916-993-7070</b>
	<a href="http://redcross.org">redcross.org</a>
<b>Calaveras Adult Protective Services</b>	<b>754-6452</b>
<b>Calaveras County</b>	
<b>Behavioral Health Department.</b>	<b>754-6525 or 800-499-3030</b>
<b>24-Hour crisis service and Suicide Prevention</b>	<b>754-3239</b>
<b>Calaveras County Office of Emergency Services</b>	<b>754-2890</b>
	<a href="http://OES website: oes.calaverasgov.us/">OES website: oes.calaverasgov.us/</a>
Emergency resources: <a href="http://mvemsa.org/about-us/counties/calaveras">mvemsa.org/about-us/counties/calaveras</a>	
<b>Child Protective Services (CPS)</b>	<b>754-6452</b>
	<b>CPS after hours 754-6500</b>

**Domestic Violence National Hotline** 800-799-7233  
**Hearing Impaired: 800-787-3224**  
 Confidential. Shelter referral ncadv.org  
**Kene Me Wu Family Healing Center, Inc.** 984-8602  
**Crisis Line: 800-792-7776**  
 Free & confidential services for Native Americans and Native  
 American households.  
**National Center for Missing & Exploited Children** 800-843-5678  
 missingkids.com  
**National Runaway Safeline** 800-786-2929  
 1800runaway.org  
**National Sex Offenders Registry** registeredoffenderslist.org  
**Operation Care - Amador** 223-2897  
**Crisis Hotline: 223-2600 or 800-675-3392**  
 www.operationcare.org  
**Poison Control** 800-222-1222  
 poison.org  
**The Resource Connection Calaveras Crisis Center** 754-1300  
**24 Hour Hotlines -754-4011 or 736-4011**  
 See Page 6 trcac.org/ip  
**Suicide Prevention Hotline** 800-273-8255  
 suicidepreventionlifeline.org

**Police Departments: NON EMERGENCY**

**Angels Camp Police** 736-2567  
 angelscamp.gov/police  
**Calaveras County Sheriff** 754-6500  
 sheriff.calaverasgov.us  
**California Highway Patrol** 754-3541  
 chp.ca.gov

**Safe Surrender Sites**

**Safe Surrender Baby Hotline** 877-222-9723 (24 hours)  
 cdss.ca.gov/inforesources/Safely-Surrendered-Baby  
**Mark Twain Medical Center - Emergency Room** 754-3521  
 768 Mountain Ranch Rd., San Andreas

<b>Calaveras Consolidated Fire Protection District</b>	<b>772-1268</b>
129 E. Highway 12, Valley Springs	
<b>Central Calaveras Fire &amp; Rescue Protection District</b>	<b>754-4330</b>
19927 Jesus Maria Road, Mokelumne Hill	
<b>Copperopolis Fire Protection District Station 1</b>	<b>785-0800</b>
370 Main St, Copperopolis	
<b>Copperopolis Fire Protection District Station 2</b>	<b>785-0800</b>
1927 Quiver St, Copperopolis, CA 95228	
<b>Ebbetts Pass Fire Protection District Station 1</b>	<b>795-1646</b>
1037 Blagen Road, Arnold, CA 95223	

## Employment Services

<b>California Tribal TANF Partnership</b>	<b>257-6150</b>
<b>Mother Lode Job Training</b>	<b>754-4242</b>
Provides job search, soft Skills, scholarships, assessments and labor market information.	
	<a href="http://mljt.org">mljt.org</a>

## Family Services

<b>Blue Mountain Coalition for Youth and Families</b>	<b>293-4500</b>
	<a href="http://bmcyf.org">bmcyf.org</a>
<b>California Tribal TANF Partnership</b>	<b>257-6150</b>
Provides educational training and employment opportunities for Native American people	
	<a href="http://cttp.net">cttp.net</a>
<b>Door of Hope Pregnancy Center</b>	<b>736-9600</b>
	<a href="http://cdohope.org">cdohope.org</a>
<b>Foothill Pregnancy Center</b>	<b>536-9262</b>
	<a href="http://fpcsonora.com">fpcsonora.com</a>
<b>Prevent Child Abuse Calaveras Council</b>	<b>754-6917</b>
A community advisory council aiming to prevent child abuse of all Calaveras children 0-18 years of age.	
	<a href="http://first5.calaverasgov.us">first5.calaverasgov.us</a>
<b>Soroptimist International</b>	<b>753-9700</b>
Provides financial assistance to ease burden of unmet medically related needs.	
	<a href="http://sicalaverascounty.org">sicalaverascounty.org</a>
<b>San Andreas Community Covenant Church</b>	<b>754-3881</b>
Serving the community with community meal walk-thru only and clothes closet.	
	<a href="http://sacc.net">sacc.net</a>

<b>The Resource Connection</b>	<b>754-3114</b>
See Page 5	trcac.org
<b>Veteran's Services</b>	<b>754-6910</b>
	veteranservices.calaverasgov.us
<b>Voter Registration</b>	<b>754-6376</b>
	elections.calaverasgov.us

## Foster Family

### Adoptions/Foster Families-

<b>Calaveras Health and Human Services</b>	<b>754-6752</b>
<b>Calaveras County Independent Living Program (ILP)</b>	<b>754-6452</b>
Provides specific instruction to children 16 and older who are in foster care to teach independent living skills.	
<b>CDSS Adoption Services Resources</b>	<b>916-651-7465</b>
	cdss.ca.gov/Benefits-Services/Adoption-Services
<b>Environmental Alternatives (EA) Family Services</b>	<b>754-5500</b>
Private non-profit foster care and transitional housing program. ea.org	

## Financial Assistance

<b>Amador Tuolumne Community Action Agency</b>	<b>223-1485</b>
See page 5	atcaa.org
<b>American Consumer Credit Counseling</b>	<b>800-769-3571</b>
Helps consumers take control of their finances. Credit counseling, debt consolidation, and financial education resources. consumercredit.com	
<b>Calaveras Health &amp; Human Services Agency</b>	<b>754-6448</b>
CalWORKs (Cash Aid), CalFresh (Food Stamps); Medi-Cal, Veterans assistance, In-Home Supportive Services	hhsa.calaverasgov.us
<b>California Tax Information</b>	<b>800-852-5711</b>
Tax service center.	taxes.ca.gov
<b>Social Security</b>	<b>800-772-1213</b>
Provides monetary assistance to low-income individuals.	ssa.gov
<b>The Resource Connection</b>	
<b>Child Care Resource &amp; Referral Subsidy Program</b>	<b>754-1075</b>
See Page 6	trcac.org/rr/cchelp



**Tuolumne Me-Wuk Tribal TANF****844-303-8263**

Provides assistance to Native American families with children in  
 Tuolumne, Calaveras and Stanislaus Counties.

mewuk.com

**Food and Nutrition****Calaveras County Public Health Department****754-6460**

The Maternal Child Adolescent Health program assists women with  
 early prenatal care & postnatal home visiting with a Public Health  
 nurse.

publichealth.calaverasgov.us

**Common Ground Senior Services****498-2246**

Meals on Wheels

commongroundseniorservices.org

**La Leche League International****800-525-3243**

Call to find local breastfeeding support

www.llli.org

**National Women's Health****800-994-9662**

Breastfeeding Specialist trained through La Leche League to answer  
 basic breastfeeding concerns

**Sutter Amador Hosp. Breastfeeding Support Group****223-7460**

Free breastfeeding group offered led by a certified lactation  
 consultant. Available to all mothers and babies. Offers breast pumps  
 and breastfeeding aids.

**The Resource Connection Calaveras Food Bank****754-1257**

Providing emergency food for those in need. trcac.org/the-food-bank

**Activities**

- Emergency Food Baskets
- Government Commodities Food Distribution
- Santa's Express Holiday Food Baskets and Toys
- Summer Produce

**The Resource Connection Women/infants/Children****WIC Program****223-7685 / 800-218-2427**

Nutrition assistance for pregnant women and children ages zero to  
 five. Women/Infants/Children Program (WIC) provides breastfeeding  
 advocacy, support and breast pump lending.

trcac.org/wic

**University of California Cooperative Extension****754-6477**

Provides training in agriculture, gardening, nutrition education, and  
 food preservation.

cecentralsierra.ucanr.edu

**USDA Child Care Food Program** **800-952-5609**

A state and federally funded program that gives financial aid to licensed child care centers and day care homes to provide children with nutritious, well-balanced meals. [www.cde.ca.gov/lc/nu/cc](http://www.cde.ca.gov/lc/nu/cc)

**Food Pantries/Distribution**

**Community United Methodist Church** **772-2429**

Food Pantry First & Third Fridays 9am-12pm in Valley Springs

**Foothill Evangelical Lutheran Church** **772-0940**

Food Pantry - open Mondays 11am-2pm in Valley Springs

**Good Samaritan Church** **772-9548**

Food Pantry – 2<sup>nd</sup> & 4<sup>th</sup> Saturdays 8:30-11am in Valley Springs

**Saint Patrick’s Helping Hands** **736-4575**

Food Pantry open Mondays 1pm-3pm in Angels Camp

**Sierra Hope Food Pantry** **736-6792**

Food Pantry Wednesday 1-4pm in Angels Camp

**The Resource Connection Calaveras Food Bank** **754-1257**

Federal commodities distribution for income eligible residents of Calaveras County. Also emergency food boxes for people referred as in need. [trcac.org/the-food-bank](http://trcac.org/the-food-bank)

**Health**

**American Academy of Pediatrics** **847-434-4000**

[aap.org](http://aap.org)

**Adventist Health Sonora Hospice** **536-5685**

Skilled care by professional nurses, part-time in the home on referral by a doctor. Assistance to terminally ill patients and their families; bereavement care. Based on need rather than ability to pay.

**Blood Source Sacramento (Vitalant)** **877-258-4825**

[vitalant.org](http://vitalant.org)

**Calaveras County Behavioral Health** **754-6525**

**Calaveras County Public Health Department** **754-6460**

California Children’s Services (CCS), services for medically eligible children; Child Health and Disability Prevention (CHDP), health referrals for low income families. HIV testing; immunizations; Pregnancy Testing; T.B. Skin Testing Program, Health care resources in the area [publichealth.co.calaveras.ca.us](http://publichealth.co.calaveras.ca.us)

<b>Calaveras Health and Human Services - Medi-Cal</b>	<b>754-6448</b>
<b>Comfort Keepers</b>	<b>213-2693</b>
In home care agency Tuolumne, Calaveras and Amador Counties	
	comfortkeepers.com
<b>Covered California</b>	<b>800-300-1506</b>
Affordable Care Act Insurance Exchange & Medi-Cal information for California	
	coveredca.com
<b>Hospice of Amador &amp; Calaveras</b>	<b>754-9736</b>
Helping families with end of life care	
	hospiceofamador.org
<b>MACT Health Board - Calaveras</b>	<b>754-6262 or 755-1406</b>
Health programs including: well child care screening for glaucoma, diabetes and hearing; referrals dental care, family planning, counseling, etc.	
	macthealth.org
<b>Medi-Cal Access Program</b>	<b>800-433-2611</b>
Insurance program for mid-income pregnant women	
	mcap.dhcs.ca.gov
<b>Medi-Cal Phone Support</b>	<b>800-541-5555</b>
	medi-cal.ca.gov
<b>National Alliance on Mental Illness (NAMI)</b>	<b>800-950-6264</b>
Classes, Family Support, Resources	
	nami.org
<b>Planned Parenthood</b>	<b>800-230-7526</b>
Delivers vital reproductive health care, sex education, and information to millions of people worldwide.	
	plannedparenthood.org
<b>San Andreas Community Medical Center (MACT)</b>	<b>755-1400</b>

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<b>Dental Care for Children</b>	
<b>Forest Road Health and Wellness Dental Services</b>	<b>536-5140</b>
MediCal, iPed -serves Amador, Calaveras Tuolumne and Mariposa.	
	adventisthealth.org/locations/rural-health/
<b>M.A.C.T. Health Board Dental (Angels Camp)</b>	<b>674-6181</b>
	macthealth.org
<b>Medi-Cal Dentist Referral/Denti-Cal</b>	<b>800-322-6384</b>
	denti-cal.ca.gov
<b>San Joaquin Dental Society, Stockton</b>	<b>951-1311</b>
Referrals to dentists in San Joaquin, Calaveras, and Tuolumne counties.	
	sjds.org

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## Health Clinics and Centers

(Names with the ◊ symbol accept Medi-Cal)

<b>Acupuncture &amp; Wellness Center of Calaveras</b>	<b>736-9484</b>
<b>Adventist Health Foothill Pediatrics</b>	<b>532-5524</b>
<b>Angels Camp Medical Clinic ◊</b>	<b>736-0813</b>
<b>Arnold Family Medical Center ◊ pediatrics</b>	<b>795-1270</b>
<b>Arnold Medical Clinic ◊</b>	<b>795-4193</b>
<b>Copperopolis Family Medical Center ◊</b>	<b>785-7000</b>
<b>Foothill Pediatric Medical Center</b>	<b>736-0408</b>
<b>Forest Road Primary Care Clinic ◊</b>	<b>536-5100</b>
<b>MACT San Andreas Medical Clinic ◊</b>	<b>755-1400</b>
<b>Sutter Amador Pediatric &amp; Adolescent Services ◊</b>	<b>257-1722</b>
<b>Valley Springs Center for Integrative Medicine ◊</b>	<b>772-8906</b>
<b>Valley Springs Family Medical Clinic ◊</b>	<b>772-9538</b>
<b>WellSpace Health Amador Community Center ◊</b>	<b>268-0560</b>

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## Hospitals

<b>Adventist Health Sonora (Hospital)</b>	<b>536-5000</b> <a href="http://adventisthealth.org/sonora/">adventisthealth.org/sonora/</a>
<b>Dignity Health - Mark Twain Medical Center</b>	<b>754-3521</b> <a href="http://marktwainhospital.org">marktwainhospital.org</a>
<b>Dignity Health St. Joseph's Medical Center - Stockton</b>	<b>943-2000</b> <a href="http://dignityhealth.org">dignityhealth.org</a>
<b>Sutter-Amador Hospital</b>	<b>Emergency 223-7555 / 223-7500</b> <a href="http://sutterhealth.org/amador">sutterhealth.org/amador</a>

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## Obstetrics and Gynecology

<b>Sierra OB/GYN Adventist Health</b>	<b>536-3750</b>
<b>Shriners Hospital for Children</b>	<b>916-453-2000</b> <a href="http://shrinershospitalsforchildren.org">shrinershospitalsforchildren.org</a>
<b>Sutter Amador: Women's Health Center</b>	<b>257-0177</b> <a href="http://sutterhealth.org/Amador">sutterhealth.org/Amador</a>

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## Optometrists and Ophthalmologists

<b>Sierra Eye Care, Valley Springs</b>	<b>772-9798</b>
Medi-Cal accepted only on Monday's and only for children	sierraeyecare.com
<b>Sierra Eye Center, Angels Camp</b>	<b>736-6760</b>
Medi-Cal accepted by physician referral only	sierraeyecenterca.com

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## Housing and Shelters

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<b>Amador Tuolumne Community Action Agency</b>	<b>223-1485</b>
See Community Agencies	atcaa.org
<b>Habitat for Humanity-Calaveras</b>	<b>890-3848</b>
Family and community members work to build an affordable home from Habitat with no-interest mortgages. Exterior home improvements.	habitatcalaveras.org
<b>Human Rights/Fair Housing Commission of Sacramento</b>	<b>916-444-6903</b>
<b>Operation Care Domestic Violence Shelter</b>	<b>223-2600</b>
<b>US Dept of Housing &amp; Urban Development</b>	<b>800-569-4287</b>
Provides counseling for home-buyers and renters.	hud.gov
<b>USDA Programs &amp; Services</b>	<b>530-792-5800</b>
Low-income homeowners may qualify for low-interest home and home repair/improvement loans	rd.usda.gov/programs-services/programs-services-individuals
<b>The Resource Connection Calaveras Crisis Center</b>	<b>754-1300</b>

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## Income-Eligible Apartments

The below information can be found on the following website:

apartments.com

<b>Bear Mountain Apartments, San Andreas</b>	<b>754-4077</b>
<b>Casa</b>	<b>754-3773</b>
<b>Copello Square Apartments</b>	<b>736-0620</b>
<b>Diamond Place Apartments, San Andreas</b>	<b>754-4643</b>
<b>San Andreas Apartments</b>	<b>754-1453</b>
<b>Sierra Meadows, Arnold</b>	<b>795-3407</b>

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## Library Services

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The below information can be found on the following website:

[library.calaverasgov.us](http://library.calaverasgov.us)

<b>Calaveras Main Library (San Andreas)</b>	<b>754-6510</b>
Reading programs	<a href="http://library.co.calaveras.ca.us">library.co.calaveras.ca.us</a>
<b>Adult Literacy Tutoring Program-</b>	
<b>Calaveras County Library</b>	<b>754-6006</b>
<b>Angels Camp Branch Library</b>	<b>736-2198</b>
<b>Arnold Branch Library</b>	<b>795-1009</b>
<b>Copperopolis Branch Library</b>	<b>785-0920</b>
<b>Mokelumne Hill Branch Library</b>	<b>286-0507</b>
<b>Murphys Branch Library</b>	<b>728-3036</b>
<b>Valley Springs Branch Library</b>	<b>772-1318</b>
<b>West Point Branch Library</b>	<b>293-7020</b>

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## Parks & Recreation

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<b>Calaveras Big Trees State Park</b>	<b>795-2334 or 795-3840</b>
1170 E. Highway 4, Arnold	
<b>Columbia State Historic Park</b>	<b>588-9128</b>
22708 Broadway Street, Columbia	
<b>Indian Grinding Rock State Historic Park</b>	<b>296-7488</b>
14881 Pine Grove-Volcano Road, Pine Grove	
<b>Lake Amador</b>	<b>274-4739</b>
7500 Lake Amador Drive, Ione	
<b>Lake Camanche</b>	<b>763-5121</b>
North Shore - 2000 Camanche Road, Ione	
South Shore - 11700 Wade Lane, Valley Springs	
<b>New Hogan Lake, Stanislaus River Parks</b>	<b>772-1343</b>
2713 Hogan Dam Road, Valley Springs	
<b>New Melones Lake Visitor Center</b>	<b>536-9543</b>
6850 Studhorse Flat Road, Sonora	
<b>Pardee Lake</b>	<b>772-1472</b>
4900 Stony Creek Road, Ione	
<b>Railtown 1897 State Park</b>	<b>984-3953</b>
10501 Reservoir Rd, Jamestown	

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## Seniors

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<b>Area 12 Agency on Aging</b>	<b>532-6272 / 800-510-2020</b>
Senior Nutrition Program and offers HICAP – Health Insurance Counseling & Advocacy Program, Care Management, In-Home Support, Caregiver Support, Minor Home Repair.	
	area12.org
<b>Calaveras Senior Center</b>	<b>754-3967</b>
Lunch program and a range of activities (located in San Andreas)	
	calaverasseniorcenter.org
<b>Calaveras Public Authority</b>	<b>754-6544</b>
Registry of qualified providers for IHSS recipients	
	publicauthority.calaverasgov.us
<b>Calaveras County Senior Peer Counseling</b>	<b>754-6525</b>
<b>Catholic Charities Senior Services</b>	<b>532-7632</b>
<b>Catholic Charities Legal Advocacy for Seniors</b>	<b>588-1597</b>
<b>Common Ground Senior Services</b>	<b>498-2246</b>
Meals on Wheels, Dining Sites, and Silver Streak Transportation	
	commongroundsseniorservices.org
<b>Creative Support Alternatives</b>	<b>754-9956</b>
Independent living support	
	creativesupport.org
<b>Friendship Line</b>	<b>800-971-0016 (24/hr)</b>
	ioaging.org
<b>Hospice of Amador &amp; Calaveras</b>	<b>754-9736</b>
	www.hospiceofamador.org
<b>In Home Supportive Services / IHSS</b>	<b>754-6452</b>
IHSS is considered an alternative to out-of-home care. Services include housecleaning, meal preparation, grocery shopping, accompaniment to medical appointments and protective supervision for mentally impaired individuals. Must be Medi-Cal eligible.	
<b>Interim HealthCare of Jackson CA</b>	<b>223-9119</b>
Senior home care and supportive services	
	interimhealthcare.com
<b>Murphys Senior Center Apartments</b>	<b>728-9114</b>
<b>Murphys Senior Center</b>	<b>728-1672</b>
<b>Senior Legal Hotline</b>	<b>800-222-1753</b>
	lsnc.net/slh

<b>Social Security and Medicare Eligibility</b>	<b>800-772-1213</b> ssa.gov/benefits/medicare
<b>Visiting Angels In-Home Assisted Living</b>	<b>800-365-4189</b> visitingangels.com
<b>Volunteer Center of Calaveras</b>	<b>754-1699</b> calaverasvolunteer.com

## Special Needs/Disability

<b>American Foundation for the Blind</b>	<b>212-502-7612</b> Information, advocacy, news, and resources afb.org
<b>American Speech-Language Hearing Association</b>	<b>800-638-8255</b> asha.org
<b>ARC of Amador and Calaveras</b>	<b>754-4001</b> Support and services to adults with intellectual and developmental disabilities. arcofamador.org
<b>Calaveras County Behavioral Health Agency</b>	
<b>Children’s System of Care</b>	<b>754-6525</b> Children’s System of Care provides parent and caregiver support.
<b>Calaveras Office of Education Special Education</b>	<b>736- 4662</b> Testing for hearing, visual, psychological, language, and learning disabilities for children 3 through 22 years old. Educational services for those individuals who are certified disabled.
<b>California Children's Services – CCS Public Health</b>	<b>754-6460</b> Provided through the Calaveras County Public Health Department, offers services for children with specific illnesses or injuries. Also provides CHDP and free medical and dental health check-ups for children & young adults up to age 21. publichealth.calaverasgov.us
<b>California Inclusion</b>	<b>760-682-0200</b> Offers education to promote social-emotional development, address behaviors and develop safe group environments for all children. cainclusion.org
<b>California Inclusion and Behavior</b>	
<b>Consultation Network</b>	<b>877-524-2422</b> On-site consultation and technical assistance to early care and education providers to care for children with disabilities and challenging behaviors. cibc-ca.org



- California Relay Services** 711 or TDD: 800-735-2929  
 For communicating for/with hearing-impaired and deaf users of TDD/TTY devices – equipment info: 800-806-1191  
 ddtp.cpuc.ca.gov
- Council on Developmental Disabilities** 473-6930  
 A referral, education and advocacy service for children and adults with developmental disabilities. scdd.ca.gov
- Disability Resource Agency for Independent living** 532-0963  
 Offers information, referrals and other services to individuals with disabilities drail.org
- Early Start: California Early Start** 800-515-2229  
 A free service that helps families locate services for their infants and toddlers who are premature, have health problems or may be delayed in their development. dds.ca.gov/EarlyStart
- Easter Seal California** 800-221-6827  
 Helps to find physical/occupational/speech therapy, child development and feeding clinics. easterseals.com
- Family Resource Network** 472-3674 or 800-847-3030  
 Information and support for families of children with special needs frcn.org
- Guide Dogs for the Blind** 800-295-4050  
 guidedogs.com
- Infant Development Association of CA** 916-453-8801  
 idaofcal.org
- International Dyslexia Association** 800-222-3123  
 dyslexiaida.org
- International Hearing Society**  
**Hearing Aid Helpline** 800-821-5247  
 healthfinder.gov
- Mind Matters** 728-2184  
 A comprehensive treatment center serving individuals and families affected by ADD/ADHD, Autism Spectrum Disorders, and Learning Disabilities. Diagnosis, treatment, social thinking groups, counseling, family support, educational interventions, dyslexia remediation and community awareness also available. mindmattersclinic.org
- National Down Syndrome Society** 800-221-4602  
 ndss.org

<b>National Organization for Rare Disorders</b>	<b>800-999-6673</b> raredisorders.org
<b>National Library Services For The Blind &amp; Physically Handicapped</b>	<b>800-424-8567</b> loc.gov/nls/
<b>Pediatric Mile Stones</b>	<b>866-855-5987</b> orthopedic.io
Early childhood physical therapy serving Amador, Calaveras and Tuolumne Counties	
<b>Social Security and Medicare Eligibility</b>	<b>800-772-1213</b> ssa.gov
<b>UC Davis M.I.N.D. Institute</b>	<b>916-703-0280</b> health.ucdavis.edu/mindinstitute
This institute's goal is to find a cause, effective treatments and cures for neurodevelopment disorders.	
<b>Valley Mountain Regional Center</b>	<b>754-1871</b> vmrc.net
Provides evaluation and screening for developmental disabilities, counseling, diagnosis, coordination of services, genetic and prenatal screening, and high risk infant program.	
<b>WATCH Resources</b>	<b>533-0510</b> watchresources.org
Provides supportive housing, vocational, educational, recreational, and transportation services to adults with intellectual disabilities. For residents of Calaveras & Tuolumne counties.	

## Substance Abuse

<b>Alcoholics Anonymous</b>	<b>223-4989</b> aa.org
Support groups for recovering alcoholics. Also Al-Anon and Ala-Teen groups available for families and teens.	
<b>Calaveras County Behavioral Health</b>	<b>754-6525 or 800-499-3030</b> mentalhealth.calaverasgov.us
<b>Calaveras County Substance Abuse Program</b>	<b>754-6555</b> substanceabuse.calaverasgov.us
<b>Changing Echoes</b>	<b>800-633-7066 or 785-3667</b> changeechoes.com
An in-house substance-abuse service	
<b>Narcotics Anonymous</b>	<b>800-240-4956</b> na.org

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## Transportation

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<b>Amador Regional Transit</b>	<b>267-9395</b> amadortransit.org
<b>Calaveras Connect Transit</b> Serving Calaveras & adjacent counties	<b>754-4450</b> calaverasconnect.org
<b>CalTrans Road Conditions</b>	<b>800-427-7623</b> roads.dot.ca.gov
<b>Common Ground Senior Services</b> Silver Streak Transport for Seniors/Disabled/Veterans	<b>498-2246 or 800-303-4799</b> commongroundseniorservices.org

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## Utilities

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<b>ATCAA Energy and Utility Bill Assistance</b> See Page 5	<b>223-1485</b> atcaa.org
<b>California Alternate Rates for Energy (CARE)</b> Provides up to 15% subsidy on PG&E bills.	<b>866-743-2273</b> cpuc.ca.gov
<b>Dollar Energy Fund</b> PG&E and Water Assistance	<b>800-683-7036</b> dollarenergy.org

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## Websites

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### Government Agencies

Amador County .....	<a href="http://co.amador.ca.us">co.amador.ca.us</a>
Calaveras County .....	<a href="http://calaverasgov.us">calaverasgov.us</a>
California Department of Education .....	<a href="http://cde.ca.gov">cde.ca.gov</a>
California Department of Social Services	
Community Care Licensing Division .....	<a href="http://cdss.ca.gov">cdss.ca.gov</a>
Consumer Products Safety Commission .....	<a href="http://cpsc.gov">cpsc.gov</a>
State of California .....	<a href="http://ca.gov">ca.gov</a>
Tuolumne County .....	<a href="http://tuolumnecounty.ca.gov">tuolumnecounty.ca.gov</a>
United States of America .....	<a href="http://usa.gov">usa.gov</a>
US Dept. Of Health & Human Services	
Office of Child Care .....	<a href="http://acf.hhs.gov/programs/occ">acf.hhs.gov/programs/occ</a>

### Children/Child Care Organizations

California Child Care Health Project .....	<a href="http://chcp.ucsf.edu">chcp.ucsf.edu</a>
California Child Care Resource & Referral Network .....	<a href="http://rnetwork.org">rnetwork.org</a>
Child Care Aware of America .....	<a href="http://usa.childcareaware.org">usa.childcareaware.org</a>
Child Care Law Center .....	<a href="http://childcarelaw.org">childcarelaw.org</a>
Children's Defense Fund .....	<a href="http://childrensdefense.org">childrensdefense.org</a>
Kid's Health .....	<a href="http://kidshealth.org">kidshealth.org</a>
National Association for the Education of Young Children .....	<a href="http://naeyc.org">naeyc.org</a>
National Association of Child Care Resource & Referral Agencies .....	<a href="http://naccrra.org">naccrra.org</a>
Stand for Children .....	<a href="http://stand.org">stand.org</a>
Zero to Three .....	<a href="http://zerotothree.org">zerotothree.org</a>

### Activities for Children & Families

Amador County Council of Tourism .....	<a href="http://touramador.com">touramador.com</a>
Amador County Fair .....	<a href="http://amadorcountyfair.com">amadorcountyfair.com</a>
Amador County Recreation Agency .....	<a href="http://goacra.org">goacra.org</a>
Blue Mountain Radio (90.7FM) .....	<a href="http://kqbm.org">kqbm.org</a>
Calaveras County Fair and Jumping Frog Jubilee .....	<a href="http://frogtown.org">frogtown.org</a>
Calaveras County Visitors Bureau .....	<a href="http://gocalaveras.com">gocalaveras.com</a>
Calaveras Enterprise .....	<a href="http://calaverasenterprise.com">calaverasenterprise.com</a>
DoPlaces Community Search .....	<a href="http://doplaces.com">doplaces.com</a>
KVGC Home Town Radio (1340AM/96.5AM) .....	<a href="http://kvgcradio.com">kvgcradio.com</a>
MyMotherlode.com .....	<a href="http://mymotherlode.com/entertainment">mymotherlode.com/entertainment</a>
National Wildlife Federation .....	<a href="http://nwf.org">nwf.org</a>

Nature Rocks.....	<a href="http://naturerocks.org">naturerocks.org</a>
The PineTree.net.....	<a href="http://thepinetree.net">thepinetree.net</a>
KZSQ Star 92.7FM Sonora .....	<a href="http://kzsq.com">kzsq.com</a>
Tuolumne County Visitors Bureau .....	<a href="http://visittuolumne.com">visittuolumne.com</a>

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Developmental Disabilities, Council on	23	Hearing Aid Helpline, International Hearing Society	23
		Home Fires Home-School Support	10
		Home Health, Sonora Regional	18

Home Town Radio (1340AM)	26	Murphys Branch Library	20
Homeless Shelter	5	Murphys Senior Center	21
Hospice of Amador & Calaveras	17, 21	MyMotherLode.com	26
Hospice of Amador and Calaveras	8	Narcotics Anonymous	24
Housing	5	National Wildlife Federation	26
Housing & Urban Development, US Dept of	19	Nature Rocks	27
Human Rights/Fair Housing Commission of Sacramento	19	New Hogan Lake	20
In Home Supportive Services / IHSS	21	New Melones Lake Visitor Center	20
Inclusion and Behavior Consultation Network, California	22	New Parent Kit	5
Inclusion, California	22	OB/GYN Adventist Health, Sierra	18
Indian Grinding Rock State Historic Park	20	Office of Child Care, US Dept. of Health & Human Services	26
Infant Development Association of CA	23	Office of Education, Calaveras County	9
Interm Health Care	21	Operation Care	12
Jenny Lind Elementary School	10	Pardee Lake	20
John Vierra Independent Study High School	10	Parent Counseling/Coaching	5
Kene Me Wu Family Healing Center	12	Parent-Child Interaction Therapy	5
Kid's Health	26	Pediatric & Adolescent Services, Sutter Amador	18
La Leche League - Mother Lode	15	Pediatric Medical Center, Foothill	18
Lake Amador	20	Pediatric Mile Stones	24
Lake Camanche	20	Pediatrics, American Academy of	16
Legal Advocacy for Seniors, Catholic Charities	21	Pedicatrcs, Adventist Health	18
Legal Services of Northern California	9	Planned Parenthood	17
Los Rios Community College	11	Planned Parenthood-National	17
M.I.N.D. Institute, UC Davis	24	Poison Control	12
MACT Health Board - Calaveras	17	Pregnancy Center ,Foothill	13
MACT Health Board - Jackson Rancheria Dental	17	Pregnancy Center, Door of Hope	13
Mark Twain Elementary School	10	Prevent Child Abuse Calaveras Council	13
Mark Twain Union Elementary School District	10	Probation Department, Calaveras County	8
Medi-Cal - Calaveras Health and Human Services	17	Public Authority, Calaveras	21
Medi-Cal Access Program	17	Public Health Department, Calaveras County	16
Medi-Cal Dentist Referral/Denti-Cal	17	Rail Road Flat Elementary School	10
Medi-Cal Phone Support	17	Railtown 1897 State Park	20
Mental Health, Calaveras County	16	Rare Disorders, National Organization for	24
Mental Illness, National Alliance on	17	Red Cross, Delta Chapter	11
Michelson Elementary School	10	Relay Services, California	23
Mind Matters	23	Restraining Order Assistance	6
Mokelumne Hill Branch Library	20	Runaway Safeline, National	12
Mokelumne Hill Elementary School	10	Safe Surrender Hotline & Sites	12
Mother Lode Job Training	13	Saint Patrick's Helping Hands	16
Mountain Oaks Charter School Home Study Program	10	San Andreas Apartments	19
Mountain Ranch Youth Alliance	7	San Andreas Community Medical Center	17
		San Andreas Elementary School	10
		San Andreas Fire Department	11
		San Andreas Main Library	20
		San Joaquin Delta Jr. College	11



Santa's Express	15	ThePineTree.net	27
Self-Help Legal Center for Amador and Calaveras Courts	9	Toulumne County	26
Senior Center, Calaveras	21	Toulumne County Visitors Bureau	27
Senior Legal Hotline	21	Toyon Middle School	10
Senior Peer Counseling, Calaveras County	21	Tribal TANF Partnership, California	13
Sherrif, Calaveras County	12	Trust Line	7
Shriners Hospital for Children	18	Tuolumne Me-Wuk Tribal TANF	15
Sierra Eye Care	19	United States of America	26
Sierra Eye Center	19	University of California Cooperative Extension - Amador	15
Sierra Hills Education Center	10	USDA Programs & Services	19
Sierra Meadows Apartments	19	Utility Bill Assistance	5
Sierra Wind Wellness Center	8	Vallecito High School	10
Smart Money for Success Courses	5	Vallecito Union School District	10
Social Security and Medicare	14, 22	Valley Mountain Regional Center	24
Social Security and Medicare Eligibility	24	Valley Springs Branch Library	20
Soroptimist International	13	Valley Springs Center for Integrative Medicine	18
Special Education Program, Calaveras County	22	Valley Springs Elementary School	10
Speech-Language Hearing Association, American	22	Veteran's Services	14
St. Joseph's Medical Center - Stockton	18	Victim/Witness Program	8
Stand for Children	26	Volunteer Center of Calaveras	22
Substance Abuse Program, Calaveras County	24	Voter Registration	14
Suicide Prevention	11	WellSpace Health Amador Community Center	18
Suicide Prevention Hotline	12	West Point Branch Library	20
Sutter-Amador Hospital	18	West Point Elementary School	10
Tax Forms Assistance	5	Women/Infants/Children Program (WIC)	15
Tax Information, California	14	Womens Health Center, Sutter Amador	18
The Resource Connection Administrative Office	5	Youth Mentoring Program, Calaveras	7
		Zero to Three	26





**The** Engaging Families  
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**Connection** Enriching Lives

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